



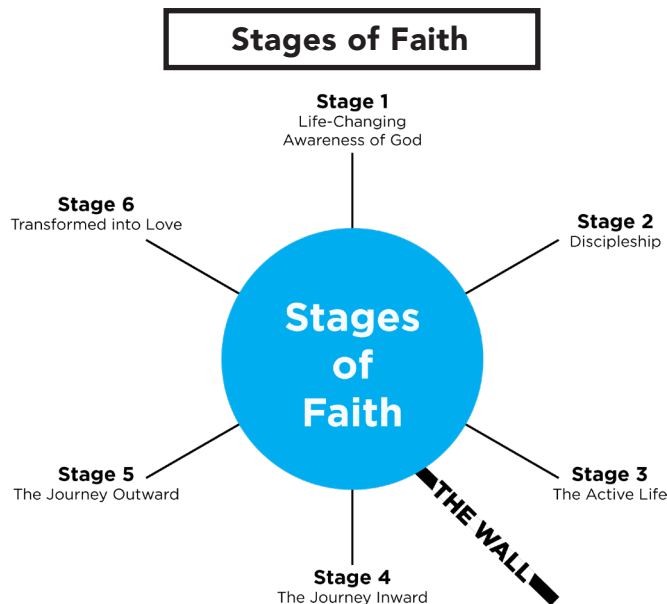
Week 4: Journey Through the Wall

The critical issue on the journey with God is not "Am I happy?" but "Am I free? Am I growing in the freedom God gave me?"

- Pete Scazzero, *Emotionally Healthy Spirituality*

Psalm 23

The Story of David



What Does the Journey Through the Wall Produce?

1 A Greater Level of Brokenness

Two Ways to Judge Your Level of Brokenness:

1. Consider how judgmental you are.
2. Consider how offendable you are.

- "Blessed is he who expects nothing, for he shall enjoy every thing..."
- St. Francis of Assisi

2 A Greater Appreciation for Mystery

- "God is not an object that I can determine, master, possess, or command."

3 A Deeper Ability to Wait for God

- "But those who wait on the Lord shall renew their strength..."
Isaiah 40:31

Examples from the Bible:

1. Abraham
2. Moses
3. David
4. Hannah
5. Jesus

How Do I Make it Through the Wall?

1. Identify my issues.
2. Accept the wall.
3. Focus on forgiveness.

